

THINKING WITH YOUR HANDS: Graphic Facilitation and Visual Tools Erasmus+ Course KA1 LISBON - PORTUGAL

In a world saturated with digital images and video, graphic facilitation emerges as a vital tool for creating space for thought, fostering deep listening, and enhancing cognitive processes through manual expression.

The course is designed and facilitated by La Casa nel Parco, the association that manages Casa Gavoglio, a community hub and intercultural centre dedicated to civic participation and the inclusion of people with fewer opportunities. Casa Gavoglio is located in Italy, in the city of Genoa, within a multicultural neighbourhood.

[Discover more about La Casa nel Parco and about this course - link](#)

Course designed
and facilitated by
LA CASA NEL PARCO



SCHEDULE

5 DAYS

2026

OCTOBER 12th to 16th



For groups of at least 12 participants we can adjust the Schedule according to needs.

KNOWLEDGE

- › Basic principles of Graphic Facilitation and Visual Literacy in non-formal education.
- › Distinction between drawing from observation, artistic production, and facilitation tools.
- › Fields of application of visual tools in adult education.
- › Key authors, methods, and sources

SKILLS

- › Applying visual notes to memorise, plan, and reflect.
- › Using core graphic facilitation tools (visual notes, posters, three-dimensional elements, card decks).
- › Selecting the most suitable visual tool according to the specific context and the group's educational goals.

LEARNINGS

FEE: 400€



Pre-registration



More information





PROGRAM

Introduction to Visual Thinking and Unlocking Creativity

- 1
 - › Introduction to Visual Literacy and Visual Thinking in non-formal education.
 - › Overcoming the blank-page block: the difference between artistic production and graphic facilitation.
 - › Can you draw? Exercises to unlock the fear of drawing.
 - › The basic visual alphabet: graphic icons (ideograms and pictograms).

TARGET AUDIENCE

Project managers, educators, social and cultural workers, trainers, teachers, facilitators working in adult education.

The Visual Alphabet, Sketchnoting, and Practical Application

- 2
 - › Introduction to Sketchnoting (visual note-taking).
 - › The basic visual alphabet: templates, lettering, and strategic use of colour.
 - › Applying visual notes in memorisation, activity planning, and deep reflection.
 - › Exploring a place through visual tools: the neighbourhood and the city as learning spaces.

INCLUDED SERVICES

- › Certificate of attendance
- › Europass Mobility Document
- › Administrative support
- › Coffee breaks
- › Cultural Activities

Spatial Learning and Visual Metaphors

- 3
 - › Visual metaphors: what they are and how they work.
 - › Graphic templates and visual metaphors to stimulate engagement and collaborative learning.
 - › Cultural visit

Photography, Mental Health, and the Practical Toolkit

- 4
 - › How do you feel? - Photographs as tools for group climate.
 - › The "How Do You Feel" project and toolkit presentation.
 - › Practical workshop using the Toolkit and Sketchnoting tools.
 - › Visual tools and emotional awareness at wellbeing processes.

FEE: 400€



Pre-registration



training@fundacao-cidadedelisboa.pt

Tool Selection, Synthesis, and Future Application

- 5
 - › Selecting and combining visual tools - target group, context, and goals.
 - › Practical synthesis session, visual feedback, and course closing.
 - › Beyond the course: key experts, books and websites, and guidance.

METHODOLOGIES

This training uses non-formal education methodologies centered on the group, encouraging active participation and reflection. Group dynamics, visual feedback, and informal moments are worked on daily. Graphic facilitation maps ideas and enhances collective work, supported by resources for continuous learning.



**Special edition
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